

# MOREE EAST PUBLIC SCHOOL

Term 2 Week 4

Wednesday, 18 May, 2011



Melinda Mikaere

## PRINCIPAL'S REPORT

**Quote for the Week:** *"There isn't a person anywhere who isn't capable of doing more than he thinks he can."* – (Henry Ford)

**Book Fair** – On Monday 23<sup>rd</sup> May we will be holding a Book Fair in the library, starting at 9:00am. Students will get a chance to preview the books this week and make a 'Wish List'. Parents and caregivers are most welcome to visit the Book Fair with the students.

The theme of this Book Fair is "Lights, Camera, Bookfair! Reading makes you a star" and students are invited to come dressed as their favourite movie star. Prizes will be awarded for the best-dressed student in infants and primary.

**Sport** – Good luck to all the students travelling to Gravesend on Friday for the zone cross country. If your child will be attending the cross country, please ensure their note and money for the bus is to the office by Thursday 19<sup>th</sup> May.

Next Wednesday, the girl's netball team will be travelling to Warialda for the first round of the knockout competition and permission notes will be given out later this week for that.

**Signing In** – Just a reminder that after 8.50am all visitors to the school must report to the office first before entering any other area of the school. Visitors will be given a pink pass to give to the classroom teacher. No access to students will be given without the pink pass.

If you are dropping off lunch or money etc please bring it to the office and staff will ensure that it is given to the student – even during break times. For safety reasons, visitors should not call students out of the school grounds to collect items.

**Visiting Show** – On Wednesday the 1<sup>st</sup> of June, the school will host a visiting show titled 'Aditi and her Rickshaw'. This performance features theatrical stories from India, China and Nepal. The center piece of the show is a magnificently decorated rickshaw, resplendently adorned like the marvellously colourful rickshaws used in Bangladesh. The cost of the show is \$4:00 and is well worth the money.

**Friday Assembly** – This term we have decided to combine our Friday assemblies and have a whole school assembly at 11.30am. Last week it was

K/1-24's turn to host the assembly and the students showed great confidence by getting up and speaking on the microphone in front of the whole school as well as entertaining the audience with some singing and dancing. It was highly entertaining. This week 1/2-8 will be hosting the assembly and would like to invite their parents/caregivers along to be part of the audience.

**Staff Car Park** – Please be aware that the staff car park is for staff cars only. Parents need to park out the front of the school when dropping students or items, such as lunches, off. The driveway must be kept clear at all times for emergency and staff vehicles. Additionally, cars driving up and down the driveway increase the risk for students.

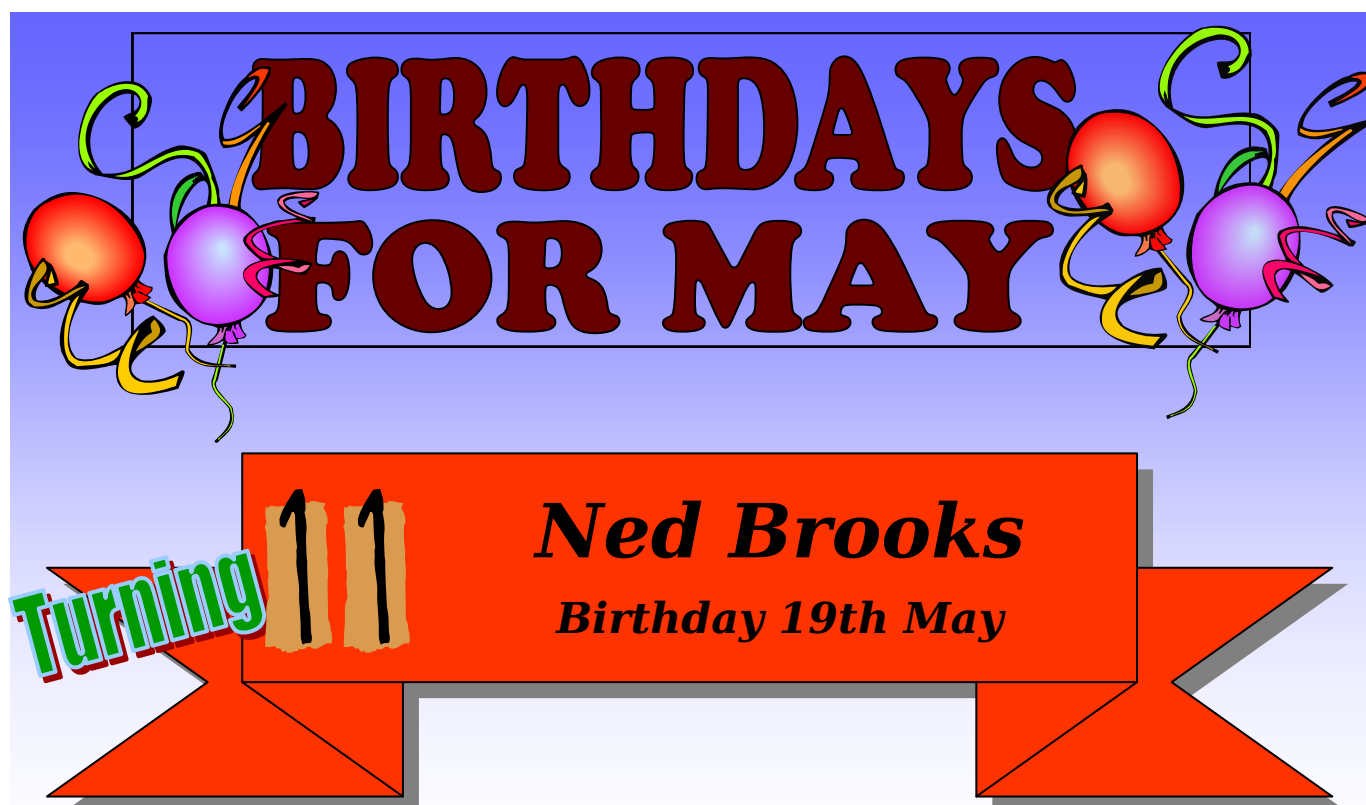
Until next week ...

Warm Regards

*M Mikaere*

# WHAT'S HAPPENING CALENDAR ...

DATE	WHAT'S HAPPENING?
MAY 20TH	MR CHURCHILL'S CLASS 1/2-8 CLASS ASSEMBLY
MAY 20TH	ZONE CROSS COUNTRY GRAVESEND
MAY 23RD	BOOK FAIR IN THE SCHOOL LIBRARY
MAY 25TH	1ST ROUND GIRLS KNOCKOUT NETBALL WARIALDA
MAY 27TH	MR RIGG'S CLASS 2/3-9 CLASS ASSEMBLY
JUNE 1ST	VISITING SHOW 'ADITI AND HER RICKSHAW'
JUNE 1ST	LEGENDS OF LEAGUE
JUNE 1ST	MS MEAD'S CLASS 3/4-20 CLASS ASSEMBLY
JUNE 8TH	MRS CUTMORE'S CLASS 3/4-21 CLASS ASSEMBLY
JUNE 15TH	MS DEVEREAUX'S CLASS 5/6-10 CLASS ASSEMBLY
JUNE 22ND	MS EDGE'S CLASS 5/6-12 CLASS ASSEMBLY
JUNE 29TH	MRS WINTER'S CLASS K-23 CLASS ASSEMBLY



# "YOU CAN DO IT"

**"You Can Do It"** is the social skills program used at Moree East Public School. The program focuses on 5 Keys to success – **Organisation**, **Confidence**, **Persistence**, **Getting Along** and **Resilience**.

## This week's focus is **CONFIDENCE**

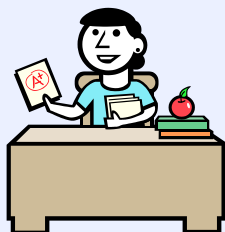


### Organisation

Being organised means:

- Making sure I understand my teacher's instructions before I begin work
- Keeping a neat desk and school bag
- Having all my school supplies ready

Planning when I'm going to do my homework so I have enough time



### Confidence

Being Confident means:

- Trying something new
  - Doing hard things without asking for help
  - Sharing new ideas with my teacher
  - Talking to someone new
  - Standing up tall
- Speaking with a clear voice



### Persistence

Being Persistent means:

- Trying hard and not giving up
  - Not letting others distract me from my work
  - Checking that my work is correct
- Finishing my class work and homework on time

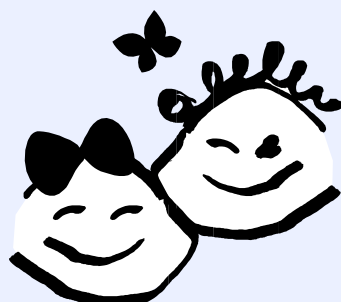


### Getting Along

Getting Along with others involves:

- Following classroom rules
- Solving conflict peacefully
- Listening and not interrupting when someone is speaking
- Working well with my classmates

Volunteering for jobs



### Resilience

Being Resilient means:

- Staying calm
  - Not losing my cool
  - Not getting extremely worried, angry or down
  - Calming down quickly
  - Not fighting when upset
- Bouncing back

# BRIEF STORIES & PARENT TIPS

## Education Tax Refund

The end of the financial year is looming and it's time to get all your eligible school expense receipts together to claim the Education Tax Refund (ETR). The Federal government initiative provides up to 50 per cent back on a range of children's education expenses, such as computers, educational software, textbooks and stationery. For the 2010-11 tax year refunds may be as much as \$397 for every child at primary school, and up to \$794 for every child at secondary school. For more information, and to claim online, go to: [www.educationtaxrefund.gov.au/](http://www.educationtaxrefund.gov.au/)

## Stewart House Day

On Friday 13 May, Stewart House will commemorate 80 years of making a difference in the lives of many public school children from across NSW and the ACT. Each year 1,800 public school children in need come to Stewart House. During their stay, they are given free optometric, dental and medical treatment as well as emotional support and education to boost their self-esteem and to promote a healthier lifestyle.

The NSW Department of Education and Communities provides infrastructure and staffing support for this school, with all other costs met by donations. Stewart House needs your support to ensure continued services to needy children. For more information:

[www.stewarthouse.org.au/stewarthouseday.htm](http://www.stewarthouse.org.au/stewarthouseday.htm)

## Child restraint laws

A reminder that the law requires children up to the age of seven years to be placed in approved child restraints when travelling in a motor vehicle. Children under the age of seven are not permitted to travel in the front passenger seat unless all rear seats are occupied by younger children.

For more information and locations of RTA approved restraint fitting stations go to:

[www.rta.nsw.gov.au/roadsafety/children/childrestraints/index.html](http://www.rta.nsw.gov.au/roadsafety/children/childrestraints/index.html)



## MOREE JUNIOR TOUCH

### Nominations For Winter Comp

Saturdays 14th & 21st at Junior Soccer, Ron Harbourne Oval, 9-10am at canteen

Mondays 16th & 23rd at Ron Harbourne Oval, 5.30pm-6.30pm.

There will be games and drills during this hour of nominations.

#### Three Divisions

Division 3, 7yr - 10yr olds

Division 2, 10yr - 13yr olds

It is single nominations \$50 for 7 - 17 yr olds \$50 for adults.

Division one is now 14 yr olds to open age, each side has to have minimum 6 players, 14-17 yr olds. A maximum of 4 adults. So you can have as many younger players in this division only 4 adults.



## **WE'RE TAKING IT IN OUR STRIDE ON FRIDAY, 20 MAY 2011**

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 20 May 2011!

For more information, visit [www.walk.com.au](http://www.walk.com.au)

# PROTECT AGAINST MEASLES



New cases of measles have been reported and NSW Health is urging people born during or after 1966 to ensure they are fully immunised against the disease, especially if planning overseas travel. Two doses of the free Measles Mumps Rubella (MMR) vaccine are given at least one month apart.

Symptoms of measles include fever, sore eyes and a cough followed a few days later by a rash. For more information go to: [www.health.nsw.gov.au](http://www.health.nsw.gov.au)

## FUN WAYS WITH FOOD

Offering your children a variety of different coloured fruits and vegetables each day sets them on a path to lifelong healthy eating. Primary school children can have fun with food on the Go for 2&5 website, where they can create a vegie man, colour in, take a food challenge and even try some simple and tasty recipes. Healthy eating will never be boring again!

For more information go to: [www.gofor2and5.com.au/](http://www.gofor2and5.com.au/) (click on Kids Only).

