

### MOREE EAST PUBLIC SCHOOL

Term 1 Week 9

Wednesday, 21 March, 2012

CARE, INNOVATION, OPPORTUNITY, SUCCESS Experienced and Dedicated Staff

# Conservatorin of Music isit to Moree Success

SIL

### Conservatorim of Music Visit to MEPS

Sears 3-6 enjoyed learning about musical instruments, their sounds



### **QUOTE OF THE WEEK**



Quote for the Week:

"No act of kindness, no matter how small is ever wasted."

(Aesop)

**Easter Hat Parade** – On Thursday 5<sup>th</sup> April we will be holding our annual Easter Hat Parade. Kindergarten, Year 1 and Year 2 have be learning some dances to perform on the day and they will be making Easter hats at school. Parents, family and friends are invited to attend the Easter Hat Parade at 2pm. We look forward to seeing you here.

**Homework Centre** – We've had a great start to Homework Centre with children attending after school on Tuesday and Thursday. This week Year 5 and 6 students did further research on their country for Harmony Day. Unfortunately, there were no Year 3 and 4 students present on Wednesday this week. Please remind your child if he or she is in Year 3 or 4 that Homework Centre is on every Wednesday afternoon from 3.00pm until 4.00pm. If your child wants to attend but you haven't signed a note, please contact the office. Kindergarten to Year 2 students will be researching Madagascar, Bermuda and Antarctica on Thursday afternoon. The Salvation Army bus will deliver them home after 4.00pm.

**Technology Camp** – A group of our students travelled to Copeton Dam on Wednesday afternoon to begin the technology camp. The camp is sure to provide the students with some great ideas on how to use technology more effectively at school. We look forward to hearing all about their activities and seeing what they produce using the technology on offer at the camp.

**Sport** – This week began with Miss Gabriel and Ms Hammond taking a group of girls attending Northern Region soccer trials in Armidale. Congratulations to Jordan McKenzie on her selection in the Northern North West team.

Tuesday saw two groups of students go away for Northern Region League trials in Armidale with Mrs Mead and Mr Saunders; and Netball trials with Miss McDonnell in Inverell. The boys who attended the League trails demonstrated exceptional sportsmanship throughout the day and are to be congratulated for the great behaviour. Congratulations to Darryl Sharpley on selection into the Open team and Tray Smith and Mark Pegus for selection in the Under 11's team. They will attend trials in Tamworth on Thursday 29<sup>th</sup> March. Well done to all of the girls who attended the Netball trials. Shonnalea Smith and Jordan McKenzie were selected as "possibles/ probables".

Until next time ... Warm Regards

M Mikaere



Jermaine Smith 2/3/12 Breanna Williams 2/3/12





### KIARA SMITH 1ST

HKU

HAPPION

**JERMAINE SMITH 4TH** 

PETER DUNCAN 8TH JACK ROBERTS 8TH

**BRENDA DUNCAN 9TH** 

**MALACHI GILLON 26TH** 



# Up Close and Personal With Adrian Smith ...

**MY FAMILY:** Mum, Step Dad, 3 sisters, 1 brother and myself **WHERE I GREW UP:** Moree

PERSONAL INTERESTS:

- FAVOURITE MOVIE: Fast & Furious Five
- FAVOURITE SPORT: Rugby League
- FAVOURITE HOBBY: Playing X-Box and Various Games
- FAVOURITE PETS: Fish
- FAVOURITE FOOTBALL TEAM: Rabbitohs

WHAT I WOULD LIKE TO DO WHEN I LEAVE SCHOOL: Play Professional Rugby League



**Please Join Us At** 

## Careznga Kitchen Marco Fast Public School

# **Moree East Public School**

For a Men's Luncheon 12.00 Noon—5th April, 2012

### PARENT TIPS AND INFO

### Holiday Dates

Please note the last day of first term is 5 April with school resuming on 24 April. Easter holidays run from April 6 to 9.

### Kids' Autumn Camp giveaway competition

Sport and Recreation is sending one lucky camper away on a free kids' autumn holiday camp this Easter! Sport and Recreation Kids' Camps are a great way to help your child develop in a fun, secure and professionally run environment. They'll try new things, make new friends and really come out of their shell. With over 25 camps available these school holidays, NSW Sport and Recreation Centres have been providing positive, lifechanging experiences for over 50 years.

#### How to enter

Go to <u>http://www.facebook.com/NSWSportandRecreation?sk=app\_95936962634</u>, like our Facebook page and tell us in 25 words or less what you would most like to achieve at a Sport and Recreation Kids' holiday camp (eg, overcome your fear of heights), for your chance to win a free Kids' Autumn Camp for one (1) child aged 7 - 15 years, or the equivalent amount towards a Family Camp at one of our Sport and Recreation Centres.

Hurry, all entries close March 21 with the winner announced via the Sport and Recreation Facebook page on March 23.

### Road safety

It's important to remind children, especially younger ones, of the need to be vigilant when out and about. Talk to your child about road safety and model good behaviour yourself. For lots of good safety reminders, Kidsafe NSW has an informative website with a number of free brochures and fact sheets on maintaining a safe environment for your child and teaching them about staying safe. They are also available in several community languages. <u>www.kidsafensw.org</u>



The Netball season is due to commence on 28th April, 2012 and Moree & District Netball Association will be holding their registration days on the following dates:-

#### Saturday, 10th March, 2012 at Ron Harbourne Oval Netball Courts from 10am to 1pm Wednesday, 14th March, 2012 at Ron Harbourne Oval Netball Courts from 5.30pm to 7pm Saturday 17th March, 2012 outside Joblink Plus from 9am to 1pm Saturday 24th March, 2012 in Coles Complex from 9am to 1pm

Register on the first registration day to receive an early bird saving of \$5 per registration, also introduce a new member and have them register with you to receive \$10 off.

So come on down and register yourself individually or gather a team together and register as a team. Registrations will <u>NOT</u> be taken without payment in full, this can be done by cash / cheque on the day or a cheque made payable to Moree & District Netball Association and sent, Attention Alison, P.O. Box 850, Moree NSW 2400 with registration forms.

Registrations can also be paid by Direct Deposit once again, please send an email for registration form and direct deposit details.

State Age Rep tryouts will held on Wednesday 7th March, at 6pm and Saturday 10th March at 10am at Ron Harbourne Oval Netball Courts for girls aged between 11 and 15 years.

For more information please contact Tina on 0428 626 936 or check out our Facebook page. Moree & District Netball Association will also be holding a Foundation Coaching Course on the 31st March, 2012 and a Level 1 Umpires Course on the 5th May, 2012.

Anyone interested in attending these courses please contact Alison or register your interest via email. For more information please email moreenetball@hotmail.com or call Alison on 0427 539 240. You can also like us on Facebook to keep up to date with the latest information and what's

### **PARENT TIP\$ AND INFO**



Moree Junior Soccer Club Registration Days Saturday 24th March, 2012 At Ron Harborne Oval From 10.00am—12.00pm Ages 5-16 years 5 year olds must be attending school Cost \$110.00 per player Shinpads and shorts available for sale





### It's Rugby Time Again

Moree Junior Rugby Club will be having their first sign on date on the 8<sup>th</sup> March 2012 from 4 to 6pm at the Weebolla Oval. Consecutive sign on dates will be the 15<sup>th</sup> & 22<sup>nd</sup> of March. Registration fees are only \$50. Training will start on the 15<sup>th</sup> March and will run from 4pm to 6pm. Please bring mouth guards & water bottles. Age divisions will be U6, U8, U10, U12 & U14. All are welcome. Rugby is the sport for everyone. **For further information please contact Bronwyn on 67937477** 

### <u>Moree Physical Culture & Dance</u>



### What is Physical Culture (Physie)?

- A series of low impact exercises in dance form, choreographed to current music. The routines learnt throughout the year include:
  - Marching and Deportment \*
  - \* Exercises
  - \* Rhythm and Breathing
  - Dance \*\*

### **Benefits of Physical Culture**

- Improves posture, balance and breathing.
- No pressure to achieve "results". Each student can set their own goals and go at their own pace.
- Great for improving self esteem.
- Exceptional value for money.
- Most importantly its fun!

### **Competitions**

At the end of term 3 we hold our annual competitions. The first is the Interclub Competition, in this competition students compete in team events and individually in "Champion Girl". The second is the Club Competition; students compete individually against other students from their own club. Every student will get a badge and certificate and most importantly it is completely optional whether students want to compete or not and there are no extra charges for competing.

### Age Groups, Times & Cost

- Preschoolers 3-4yrs 4:30-5pm Tiny Tots 5-7yrs 5:00-5:45pm
- Teeny Boppers 8-12yrs
- 5:45-6:30pm Teenagers 13-15yrs 6:30-7:15pm
- Ladies 7:15-8pm
- Seniors 16yrs & over 8pm-8:45pm
  - \$5 per week and there is also a one off \$40.00 registration to cover insurance and APRA.

Held at Moree East Public School Hall on Thursdays during school terms. Contact Amy Willis on 0400669247, Amanda Williams on 0429 631 506 or Karen Moxey on 0429 344 931

Classes also held in Warialda & Inverell



1 - blue 2 - pink 5 - green

6 - brown

3 - yellow

# "YOU CAN DO IT"

*"You Can Do It"* is the social skills program used at Moree East Public School. The program focuses on 5 Keys to success – **Organisation, Confidence, Persistence, Getting Along** and **Resilience**.



### This week's focus is Confidence











### Organisation

Being organised means:

- Making sure I understand my teacher's instructions before I begin work
- Keeping a neat desk and school bag
- Having all my school supplies ready

Planning when I'm going to do my homework so I have enough time

### Confidence

Being Confident means:

- Trying something new
- Doing hard things without asking for help
- Sharing new ideas with my teacher
- Talking to someone new
- Standing up tall

Speaking with a clear voice

### Persistence

Being Persistent means:

- Trying hard and not giving up
- Not letting others distract me from my work
- Checking that my work is correct

Finishing my class work and homework on time

### **Getting Along**

Getting Along with others involves:

- Following classroom rules
- Solving conflict peacefully
- Listening and not interrupting when someone is speaking
- Working well with my classmates

#### Volunteering for jobs

### Resilience

Being Resilient means:

- Staying calm
- Not losing my cool
- Not getting extremely worried, angry or down
- Calming down quickly
- Not fighting when upset Bouncing back

### Term 1 Calendar 2012

Week	Mon	Tue	Wed	Thu	Fri
Week 3 February	6 ●Students Return	7 •Swimming Carnival - Kindergarten Begin	8	9	10
Week 4 February	13	14 •MEPS CC Meeting 10.00am Community Room	15	16 •AECG Carol Avenue 11.00am	17
Week 5 February	20	21 •Mens Breakfast 9.00am	22 •Welcome Back to School Picnic	23	24 •McKechnie Shield
Week 6 February	27	28	29 •Parent Workshop Ladies Craft •Soccer/Netball/ Rugby Trials	<i>30</i> •CAPERS Rehearsal	<i>31</i> •Clean Up Australia Day
Week 7 March	5 •Learn To Swim	<b>6</b> •Learn To Swim	7 •Learn To Swim N TO SWIM PROGRAM	<b>8</b> •Learn To Swim	9 •Learn To Swim
Week 8 March	<i>12</i> •League Trials	<i>13</i> •MEPS CC Meeting 10.00am	14	<i>15</i> •AECG MPS 11.00am	16 •NECOM Visit
Week 9 March	19 •Northern Soccer Trials	20 •Northern League Trials	21	22 •Technology Camp	23 •Technology Camp
Week 10 March	26	27	28	<b>29</b> •Final N/W League Trials	<i>30</i> •Final N/W Soccer Trials
Week 11 April	2 •Zone Touch Trials	<b>3</b> •Visiting Show	4	<b>5</b> •K-2 Easter Parade 2pm	<b>6</b> ●Good Friday